

# UNGODLY SOUL TIES AND ATTACHMENTS WORKSHEET

Name: \_\_\_\_\_

Date: \_\_\_\_\_

**Soul Tie** – A Soul Tie is a covenant binding two people together. God honors all covenants, good and bad.

**Godly Soul Ties** – Godly Soul Ties are good covenants we want to honor. We find Godly Soul Ties in:

- ✓ healthy parent-child relationships.
- ✓ healthy intimate marriages.
- ✓ healthy close relationships.

**Ungodly Soul Ties** – Ungodly Soul Ties are unhealthy covenants needing to be canceled. They are formed when another person has the wrong kind of influence in our life. This influence may come through:

- ✓ unhealthy, perverted, and/or dysfunctional emotional bonds.
- ✓ manipulation, intimidation, and/or unhealthy control – when our free will is violated.
- ✓ any sexual relationship outside of marriage, including premarital sex with our spouse.

**Ungodly Attachments** – An Ungodly Attachment is an unhealthy, perverted, and/or dysfunctional emotional attachment to things without a soul. I.e., an organization, thing, pornography, etc.

## TYPICAL TYPES OF PEOPLE WITH WHOM WE MIGHT HAVE UNGODLY SOUL TIES

- |                          |  |               |
|--------------------------|--|---------------|
| a. parents               | d. former and current business and ministry partners | g. friends    |
| b. siblings              | e. controlling people                                | h. ex-spouses |
| c. spiritual authorities | f. former romantic and sexual partners               |               |

*Please ask the Lord to bring to your remembrance all the ungodly soul ties/attachments that are or have been in your life and write them below. Please use the back if necessary.*

### Ungodly Soul Ties

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### Ungodly Attachments

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